



Life Connections  
**MomTalk**

# JOIN US EVERY WEEK

for fun, food, and new friends!

**TUESDAYS from 12:00 - 2:00**

**At 6<sup>th</sup> Ave Community Center**

**1615 6<sup>th</sup> Ave, Alex (near the corner of 6<sup>th</sup> & McKay)**

**FREE CHILDCARE**

**CRAFTS**

**FREE LUNCH**

No sign-up is necessary, but it is encouraged. ([lifecnectionsmn@gmail.com](mailto:lifecnectionsmn@gmail.com))  
Walk-ins welcome!

MOM TALK is provided by Life Connections so that our moms can have a time and place to get to know other moms in the area, get a light lunch, and explore life and parenting topics that interest you.

**Open to past, present, and future clients of Life Connections.**

Tell us if you need help with  
transportation (320-762-1224)

Kids' meals will be  
gluten-free/dairy-free/  
nut-free.

*Hosted by Dianne Middendorf, LSW*

*Diane has a generous heart and has worked all her life helping others in various healthcare fields. She is a great listener, loves trying new things, and making new friends.*



**Come for a break, a meal, craft projects,  
playtime for the kids, and new friendships!**